

Reichian Therapy & Kundalini Yoga Intensive

Come alive to your sexuality & Joy of Life...

March 30th - April 1st, 2012

Friday 7:00-9:30pm

Saturday 10:00am-1:00pm, 3:00-6:00pm

Sadhana (optional) 5:00-6:30am

Sunday 9:00am-12:00pm, 1:30-4:00pm

Sadhana (optional) 5:00-6:30am

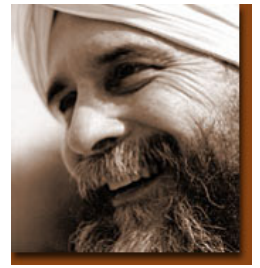


FREE MINI-WORKSHOP SAMPLE

We are offering a FREE 3 hr. taste of our work

Saturday, March 17th from 12-3 in the Harbin Temple.

Bring futon or pad



Please come join me and my teaching partner, Dr. Siri Gian Singh for an adventure in breathing at Harbin Hot Springs, www.harbin.org. Wow! Incredible breath work, fabulous yoga practice and the wonderful, healing waters of Harbin. If you want to really dive into your breath and all it's potential, or just want to see what Reichian therapy is about then join us for an educational and experiential workshop. I look forward to serving you!

Namaste

Master Reichian therapists Michele T. Newmark, M.S., D.D., ACS. and Dr. Siri Gian Khalsa, PhD. bring to you the work of Dr. Wilhelm Reich in a Reichian therapy intensive, including Kundalini yoga. Come for a potent weekend releasing and enlivening through breath and Kundalini yoga practices. Renew your presence of being and reignite your passion and vitality experiencing the breathing of Reichian therapy sessions. Many participants gain skills and practices which greatly enhance their personal and their professional practices. Enjoy the beauty and healing of the Harbin waters.

Space limited, pre-registration required

\$300.00 if paid by Feb. 20th, \$350.00 after Feb. 20th

\$150.00 non-refundable deposit holds discount price.

includes lodging, (indoor or outdoor camping).

and private kitchen facility for participants.

Michele T. Newmark, M.S., D.D., ACS.

michelet@sonic.net

www.thecenter-sf.org

415-775-6145

Dr. Siri Gian Singh

sirigiankhalsa@gmail.com

www.reichianinstitute.org

707-813-1132